

## Q & A

### FRANKLIN COUNTY SHERIFF DALLAS BALDWIN



**Q.** If somebody slipped a club drug into your drink, wouldn't you realize it immediately?

**A.** Probably not. Most club drugs are tasteless and odorless. Some are made of liquid and some are made into a powder form that makes it easier to slip into a person's drink and dissolve without a person's knowledge.

**Q.** Are there any long-term effects of taking ecstasy?

**A.** Yes. Studies on both humans and animals have proven that regular use of ecstasy produces long-lasting, perhaps permanent damage to the brain's ability to think and store memories.

**Q.** If you took a club drug at a rave, wouldn't you just dance off all of it's effects?

**A.** No. Some of effects of ecstasy like paranoia, confusion, anxiety, and sleep problems, have been reported to occur even weeks after the drug is taken.

SHERIFF **DALLAS BALDWIN'S**

## Tips for Teens

THE TRUTH  
ABOUT:  
**CLUB  
DRUGS**



<http://sheriff.franklincountyohio.gov>

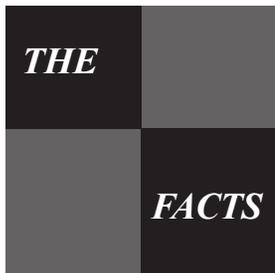
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**FRANKLIN COUNTY  
SHERIFF'S OFFICE**

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*This information is provided by the  
Franklin County Sheriff's Office.*



### CLUB DRUGS AFFECT YOUR BRAIN.

The term “club drugs” refers to a wide variety of drugs often used at all night parties (“raves”) nightclubs, and concerts. Club drugs can damage the neurons in your brain, impairing your senses, memory, coordination, and memory.

### CLUB DRUGS AFFECTS YOUR BODY.

Different club drugs have different effects on your body. Some common effects include the loss of muscle and motor control, blurred vision, and seizures. Club drugs like ecstasy are stimulants that increase your heart rate and blood pressure. This can lead to heart or kidney failure. Other club drugs like GHB, are depressants that can cause drowsiness, unconsciousness, or breathing problems.

### CLUB DRUGS AFFECT YOUR SELF-CONTROL.

Club drugs like GHB and Rohypnol are used in “date rape” and other assaults because they are sedatives that can make you unconscious and immobilized. Rohypnol can cause a kind of amnesia. Users may not remember what they did or said while under the influence of the drug

### CLUB DRUGS ARE NOT ALWAYS WHAT THEY SEEM.

Because club drugs are illegal and often produced in makeshift labs, it is impossible to know what chemicals were used to make them. How dangerous or strong any drug is varies each time.

## BEFORE YOU RISK IT....

### *Know the law.*

It is illegal to buy or sell club drugs. It is also a federal crime to use any controlled substance to aid in a sexual assault.

### *Get the Facts.*

Despite what you may have heard, club drugs can be addictive.

### *Stay Informed.*

The club drug scene is constantly changing. New drugs and new variations of old drugs appear all the time.

### *Be Aware.*

Look around you, the vast majority of teens are not using club drugs. While ecstasy is considered to be the most frequently used club drug, less than 2 % of 8th– 12th graders use it on a regular basis. In fact, 94% of teens have never tried ecstasy.

### *Stay in control.*

Club drugs impair your judgment which may lead to unwise decisions.

## KNOW THE SIGNS....

### *How can you tell if a friend is using Club Drugs?*

Sometimes it is tough to tell. But there are signs you can look for. If your friend has one or more of the following warning signs, he or she may be using club drugs or other illicit drugs:

- Problems remembering things they recently did or said.
- Loss of coordination, fainting, or dizziness.
- Depression
- Confusion
- Sleep problems
- Chills or sweating
- Slurred speech

### *What can you do to help someone who is using club drugs?*

Be a real friend. Save a life. Encourage your friend to stop or seek professional help. For information and referrals, contact:

Maryhaven Alcohol & Drug Treatment Center  
(614) 445-8131

\*\*\*\*Information contained in this section was obtained from literature published by the Center for Substance Abuse Prevention.

